

Jennifer M. Bowers
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SUMMARY

I am a third-year student in the Social and Health Psychology Ph.D. program at Stony Brook University. My research interests include social and behavioral factors influencing health, including cancer prevention and detection, social psychological interventions for chronic disease, risk perceptions, attitudes, and adolescent health.

EDUCATION

2020 (*expected*) Ph.D. Social and Health Psychology, Stony Brook University
Advisor: Anne Moyer, PhD

2017 M.A. Psychology, Stony Brook University
Thesis: *Value and Physical Trait Self-Affirmation Exercises Ineffective for Promoting Positive Skin Cancer Cognitions Among Female College Students*

2015 B.A. Psychology, Rivier University
Summa Cum Laude, Public Health Minor
Thesis: *Effects of Framing and Arousal on Intent to Prevent Skin Cancer in College Women*

AWARDS AND HONORS

2017 | Graduate Student Organization Travel Award
Stony Brook University

2017 | APSSC Travel Award
Association for Psychological Science (APS)

2017 | Psychology Department Travel Award
Stony Brook University

2015 | Award of Special Recognition
Rivier University

2014 | Honorary Undergraduate Scholar Award
New England Psychological Association (NEPA)

2014 | Summer Research Fellowship
Leadership Alliance/Stanford University

2012-2015 | Dean's List Honors, consecutive terms
Rivier University

2012 | Presidential Scholarship
Rivier University

PEER-REVIEWED PUBLICATIONS

Farr, O.M., Sofopoulos, M., Tsoukas, M., Dincer, F., Thakkar, B., Sahin-Efe, A., Fillippaios, A., **Bowers, J. M.**, Srnka, A., Gavrieli, A., Ko, B. J., Liakou, C., Kanyuch, N., Tseleni-Balafouta, S., Mantzoros, C. S. (2016). GLP-1 receptors exist in the parietal cortex, hypothalamus, and medulla of human brains and the GLP-1 analog liraglutide administered in the context of a cross-over, randomized, placebo-controlled trial alters brain activity related to attention to highly desirable food cues in individuals with diabetes. *Diabetologia*, *59*, 954-965.

Bowers, J. M. (2014). Chronic traumatic encephalopathy and the future of football. *InSight: Rivier Academic Journal*, *10*, 1-8.

MANUSCRIPTS IN PREPARATION/UNDER REVIEW

Bowers, J. M. & Moyer, A. (in preparation). *Effects of school start time on students' sleep duration, daytime sleepiness, and attendance: A meta-analysis.*

Bowers, J. M. & Moyer, A. (in preparation). *Value and trait self-affirmation exercises ineffective for promoting positive skin cancer cognitions among female college students.*

POSTER PRESENTATIONS

Bowers, J. M. & Moyer, A. (2017, May). *Self-affirmation intervention ineffective for indoor tanning prevention.* Poster presented at the 29th Annual Association for Psychological Science Conference, Boston, MA.

Bowers, J. M. & Moyer, A. (2017, April). *Effects of school start time on students' sleep: A meta-analysis.* Poster presented at the Stony Brook University Social and Health Psychology Conference, Stony Brook, NY.

Bowers, J. M. & Moyer, A. (2017, April). *Indoor tanning predicts some skin cancer cognitions among female college students.* Poster presented at the 38th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Bowers, J. M. & Moyer, A. (2017, April). *Effects of school start time on students' sleep: A meta-analysis.* Poster presented at the 38th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Bowers, J. M. & Moyer, A. (2017, March). *Indoor tanning in college students: Correlates and the role of social influence.* Poster presented at the Eastern Psychological Association 2017 Conference, Boston, MA.

Bowers, J. M. & Rekart, J. L. (2015, May). *Effects of framing and arousal on intent to prevent skin cancer in college women.* Poster presented at the 27th Annual Association for Psychological Science Conference, New York, NY.

Bowers, J. M., Shepherd, J., & Meteyer, K. (2014, October). *Perception vs. reality: College students' perceptions of peer alcohol use and factors influencing actual use*. Poster presented at the 54th Annual New England Psychological Association Conference, Lewiston, ME.

Bowers, J. M., Schwalbe, M., & Cohen, G. L. (2014, August) *Self-affirmation intervention, cognitive functioning, and financial burden*. Poster presented at the Leadership Alliance 2014 National Symposium, Stamford, CT.

DeBarge, E. E., **Bowers, J. M.**, Grant, C. A., & Rekart, J. L. (2013, May). *Procrastination, and not test-anxiety, impacts test performance and academic achievement*. Poster presented at the 25th Annual Association for Psychological Science Conference, Washington, D.C.

Grant, C. A., Riopel, J. M., **Bowers, J. M.**, DeBarge, E. E., & Rekart, J. L. (2013, April). *From lab to practice: A case study*. Poster presented at the New Hampshire Psychological Association 2013 Academic Convention, Plymouth, NH.

ORAL PRESENTATIONS

Bowers, J. M. (2017, February). *Test of a novel self-affirmation intervention to promote skin cancer prevention*. Oral presentation at the Stony Brook University Social and Health Psychology Colloquium, Stony Brook, NY.

Bowers, J. M. (2014, April). *Chronic traumatic encephalopathy and the future of football*. Oral presentation at the New Hampshire Psychological Association 2014 Academic Convention, Durham, NH.

PUBLISHED BOOK REVIEWS

Moyer, A., & **Bowers, J. M.** (2016). A little olive oil may do the trick [Review of the book *A Bun in the Oven: How the Food and Birth Movements Resist Industrialization*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 61 (No. 28), Article 4.

RESEARCH EXPERIENCE

2015–Present | Moyer Lab
 Stony Brook University, Stony Brook, NY
Doctoral Student Laboratory Member
 Principal Investigator: Anne Moyer, Ph.D.

2014 | Cohen Lab
 Stanford University, Stanford, CA
Summer Research Assistant
 Principal Investigator: Geoffrey Cohen, Ph.D.
 Supervisor: Michael Schwalbe, M.Sc.

2013–2014 | Mantzoros Lab
Beth Israel Deaconess Medical Center, Boston, MA
Research Assistant
Principal Investigator: Christos Mantzoros, M.D., Sc.D.
Supervisor: Olivia Farr, Ph.D.

2013–2014 | Paths Over Time and Across Generations Project
Judge Baker Children’s Center, Boston, MA
Research Intern
Principal Investigator: Judith Crowell, M.D.
Supervisor: Cynthia Davis, Ph.D.

2012–2014 | Behavioral Science Laboratory
Rivier University, Nashua, NH
Research Assistant & Co-Investigator
Principal Investigator/Supervisor: Jerome Rekart, Ph.D.

REVIEW EXPERIENCE

2016 | Ad Hoc Journal Article Review
Preventive Medicine

2013, 2014 | Reviewer for the Student Research Award
Association for Psychological Science (APS)

PROFESSIONAL INVOLVEMENT

2013–Present | Campus Representative
Association for Psychological Science (APS)

2013–2015 | Secretary for the Psi Chi International Honor Society
Rivier University Chapter

MEMBERSHIPS AND AFFILIATIONS

Society for Behavioral Medicine
Eastern Psychological Association
Psi Chi, the International Honor Society in Psychology
Association for Psychological Science

TEACHING EXPERIENCE

Stony Brook University, Department of Psychology

Course Instructor

Summer 2017 | Research and Writing in Psychology (24 students)

Fall 2016 | Research and Writing in Psychology Recitation (25 students)

Substantial Direct Instruction Teaching Assistant

Spring 2016 | Health Psychology (213 students)

Instructor: Johanna Jarcho, Ph.D.

Graduate Teaching Assistant

Spring 2017 | Introductory Psychology (431 students)

Instructor: Nancy Franklin, Ph.D.

Fall 2015 | Introductory Psychology (386 students)

Instructor: Anne Moyer, Ph.D.

COMMUNITY INVOLVEMENT

2016 | Events Volunteer

Stony Brook University Center for Inclusive Education (CIE), Stony Brook, NY

2015-2017 | High School Research Mentor

Stony Brook University Women in Science and Engineering (WISE), Riverhead, NY

2014-2015 | Guest Lecturer on HIV Prevention

Nashua High Schools, Nashua, NH

2013–2014 | Volunteer

Southern NH HIV/AIDS Task Force, Nashua, NH

2012 | Volunteer

Nashua Soup Kitchen and Shelter, Nashua, NH

RELEVANT GRADUATE COURSEWORK

- Analysis of Variance and Experimental Design (Fall 2015)
- Social Psychology (Fall 2015)
- Correlation and Regression (Spring 2016)
- Psychology of Gender (Spring 2016)
- Meta-Analysis (Fall 2016)
- Stress and Coping (Fall 2016)
- Theories of Social Psychology: Health Applications (Spring 2017)
- Judgement and Decision Making (Fall 2017)